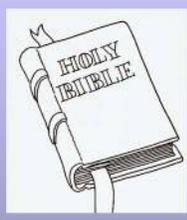




April
2014
Issue

Because we believe Jesus is returning our mission is to attract and grow passionate followers of Jesus, through worship, relationships and service

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Lenten Service



On March 19, 2014, Auburn SDA Church hosted a Lent Service. Lent is a time when we take a careful look at our lives and our relationship with God. This service is part of a series built around the 12-Steps of Alcoholics Anonymous. The sermons are being given by various pastors of different denominations around town. On March 5th Pastor Dan spoke at the service at the St. Teresa Church. On March 19th Associate Pastor Arnold Parungao, a Catholic Priest, spoke at our church.

Pastor Arnold spoke on steps 6 and 7 of the 12-Step

Program, which are Willingness to have God remove our defects of character, and Humility before God. Close to 300 members heard Pastor Arnold give a stirring sermon. The Lent series is another outreach to foster improved community relations and share with Auburn what the Auburn SDA Church is all about.

Sermon Notes

April 5-Dan Appel-Communion

April 12-Dan Appel-Matthew 16:21-28

April 19- Mountain View Academy Choir

April 26- Paul Savino (Guest Speaker)

Church Birthday

Amelia Burge.....	April 1
Gertie Mulvihill.....	April 1
Glenda Miller.....	April 3
Trish Moran (Guevare).....	April 5
Don Mulvihill.....	April 6
Larry Messner.....	April 7
Nathaniel Krussow.....	April 9
Jean Rouse.....	April 13
Jennifer DeBusk.....	April 14
Carrel Ann Pound.....	April 14
Jessica Nelson.....	April 15
Ava Gifford.....	April 17
Kathrine Price.....	April 17
Sophia Sardella.....	April 20
Michael O'Haver.....	April 21
Anneliese Dyer.....	April 23
Lisa Ojeda.....	April 26
Patti Cox.....	April 28

Health Bites

Are Tanning Beds Safe?

From the August 2012 Health Bites
Sunbeds and Melanoma Risk

The popularity of indoor tanning is rising, and so is the risk of melanoma. French and Italian scientists have found a 20% increase in melanoma with any amount of sunbed use, but the risk almost doubles when sunbed usage starts before age 35. New ultraviolet tanning units may deliver 10-15 times the levels of ultraviolet A compared to the mid- day sun on the coast of southern California. PositiveTip: Avoid the use of indoor tanning salons, especially if you are under 35.

Upcoming Events

May 2-4, 2014 - 26th Annual Christian Men's Retreat at Leoni Meadows, Featured speaker will be Herb Montgomery.

July 17 - 26, 2014 - Soquel Campmeeting

July 24 - August 2, 2014 - Redwood Campmeeting

July 28 - August 2, 2014 - Lake Tahoe Campmeeting

September 5 - 7, 2014 - Church Campout at Fallen Leaf Lake, near Lake Tahoe.

Jan's Healthy Recipes

Cartoon

Microwave Eggplant Parmesan

Ingredients:

1 Italian eggplant, peeled & sliced ½ inch thick
½ teaspoon salt
¼ cup olive oil
¼ cup panko breadcrumbs
1-1/2 cups tomato sauce
1 cup whole milk ricotta
1 cup fresh mozzarella, thinly sliced
¼ cup basil leaves, torn
salt to taste
freshly ground black pepper

Directions:

Heat oven to 350 °
Combine breadcrumbs and parmesan and spread into an even layer on sheet tray. Bake for 8-10 minutes until golden brown and toasted. Make sure you check the breadcrumbs after about 5 minutes, moving edges in and center out for even toasting, set them aside.
Arrange the slices of eggplant in a single layer on a paper towel lined microwave safe plate. Season eggplant with salt and pepper. Cover with another paper towel. Microwave at 1100W for 3 minutes. Work in batches to cook eggplant.
Brush the cooked eggplant with olive oil and arrange on a single layer and seal plate with plastic wrap, microwave again at 1100W about 4 minutes. Repeat with remaining eggplant.

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"Yes, the disciples followed Jesus...
but not on Twitter."

Eggplant Parmesan Recipe Cont.

In an 8x8 pan, spoon 1/3 tomato sauce down. Place 4 slices of eggplant down followed by some ricotta, then mozzarella and basil. Season the cheese very lightly with salt then repeat the process 2 more times, ending with sauce on top. Top with the toasted parmesan breadcrumbs and microwave at 1100W, until cheese is melted and bubbly, about 5-6 minutes.

Helpful Tips

Salt the eggplant before cooking to draw out excess moisture. Microwave the raw eggplant between paper towels and under plastic wrap for a super tender texture.

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Poem

Wall of Partition

What is it you can't let go of – is it something from the past?
God says that through His abundant love, He will help you if you just ask.

What's standing between you and the Savior – what seems to be the wall?
Jesus wants total surrender; He wants to be your all.
Nothing is worth separation – not having His fullness and best.
Nothing is worth the struggle, when all you have to do is confess.

God knows all of your failures – he knows all of your weaknesses too.
But, He said In His Word, if we just trust Him there's nothing that He cannot do!
(Luke 1:37)

First we must learn our perfection comes from Him alone.
But, it's up to us when we stumble and fail – unto Him to make it known.

If we confess to Him our sin – He will forgive and make it right.
But, we must be faithful to trust Him and to walk in the light. *(1 John 1:9)*

Don't let a wall of partition stand between you and God's Word.
My friend nothing is that important to alter your walk with the Lord.

You say you know the Savior, you're not out there living in sin.
Yet, somehow you don't have the sweet fellowship – could it be you're hiding
something from Him?

Oh, friend Jesus wants that communion with you – He wants that fellowship
sweet. But, with Him you must be honest and bring everything to His feet.

He will remove all the scars of the past – and the wounds He faithfully will heal.

But, you must put your confidence in Him, and believe that He promised He will.
(Acts 2:38 – Romans 10:9,10)

Author Unknown (Contributed by Marilyn Herron)